WWW.ARTSBALLET.COM

2021/22 Ages 3+ Classes & Programs

11009 Warwick Blvd., Newport News

757-504-4450



Ages 7-12: Open Classes (7 years old by Sept. 1st, Open Classes)

Intro to Ballet Ia Jazz/Tap & Repertoire

Wednesdays Level 1a 1x/week 4:30-6:00

This 1.5 hour class is geared to the dancer who is ready to be introduced to ballet and learn ballet, jazz/tap, and performance. This level participates in showcases & the spring ballet.

Jazz/Tap/Lyrical 2

Level 2 Thursdays 7:30-8:30

Students focus on lyrical/modern, jazz & tap to progressively learn and practice more challenging rhythms and steps.

Int. Modern/Contemp. C

Mondays 6:00-7:00 pm Students with 2+ years prior Dance or Ballet & age 9-12 will learn modern technique and advance their levels of coordination.

Musical Theater

Wednesdays 5:30-7:00 pm

Join in the fun of the 'Triple Threat'! for ages 7-14. Students will have fun, learn skills, & prepare for in-class shows.

Classes Beain Sept. 7. 2021

Ages 7-12: Ballet Program (7+, Ballet 1b or 2a/2b Core)

Ballet Ib

Tuesdays & Thursdays 4:45-6:30pm Electives: Wed. Elementary Musical Theater Level 1b is for beginners ages 7+ who wish to study ballet, improve faster, and be involved at a higher level. Includes 2 ballet classes, 1 lyrical/jazz/tap class, and 1 performance/ repertoire class.

Placement: Students who previously took pre-ballet B or Level 1a/1b and commit to 4:45-6:30pm Tuesdays and Thursdays may register for the level 1b core program.

Students ages 7+ who only want 1 ballet class/week should take 1a & classes from the column to the left.

Students ages 8+ who are new to ballet may choose level 1a or 1b based on their commitment to dance training

Ballet 2a & 2b

Tuesdays & Thursdays 4:45-6:45pm Electives: Wed. Elementary Musical Theater Level 2a/2b is for advanced beginners ages 8+ ³⁴ continuing ballet training and who will be involved at a higher level. Includes 2 ballet classes, 1 lyrical/jazz/tap class, and 1 perform/ repertoire class. Level 2b may also take

Friday 3a classes. Students ages 10+ just beginning ballet, please call us for the right placement. Placement is required in Ballet 2. Ballet: Please see our website and dress code handouts at www.artsballet.com Dress Code Tap: Comfortable Clothing, Tap Shoes (Tap shoes are provided for ages 4-6)

Jazz: Leggings or Spandex Shorts, Leotard or Fitted Tank or T-shirt, Dance Paws or Bare Feet Contemporary/Modern: Ballet attire, Leggings or Spandex Shorts, Leotard or Fitted Tank, Dance Paws or Bare Feet Musical Theater: School Clothes easy to move in or Dance attire, Bare Feet



REGISTER ONLINE TODAY!

Ages 12-Adult Pre-Professional Program or Open Classes

Ballet Levels 3-6

Our Core Ballet Classes are for beginners through pre-professional dancers and require an increasing level of minimum commitment.

See Schedule Cards. Classes include: *ballet technique

- *contemporary/modern technique
- *alignment, conditioning, yoga, & Pilates
- *alignment, stretch and flexibility
- *pre-pointe and pointe technique
- *variation, repertoire, and choreography
- *health and injury prevention
- *pre-professional performance opportunities *electives in jazz/tap and choreo/improv Please see our Classical and Contemporary Ballet Program and/or call for more details!

Teen Modern/Contemporary

Mondays 6:00 - 7:00 pm Lev. C Thursdays 7:00-8:30 pm Lev. D Mondays 4:30-6:00 pm Lev. E

Students develop strength and technique in Modern styles of dance while increasing rhythm, fitness, coordination, and technique. Placement Required.

Musical Theater/Acting

Wednesdays: 5:30-7:00 pm for ages 7-14

Teen/Adult Ballet for 12+ Mondays: 5:45-7:15 pm Teen Ballet, Ages 12-16

Tuesdays: 6:45-8:15 pm Adult Int Ballet Wednesdays: 6:30-8:00 pm Adult Beg Ballet

Choss-Training and Health Ages 12+ Dancers and Serious Teen Athletes

TFridays 3:30-4:00 Pilates Mat Saturdays 9:00-9:50 Conditioning for Athletes

Ages 3-4 (3 or 4 years old by Sept. 1st)

Storybook Ballet Monday 1:00-1:50 pm

Tuesdays 3:30-4:20pm Thursdays (possible addition) 3:30-4:20pm Explore creative dance and storytelling through movement and music! A concentration on a progressive, age-appropriate dance technique will introduce students to basic ballet steps.

Jazz, Tap, & Acting Ages 3.5-5.5: Wednesdays 3:30-4:20 pm Jazz, Tap, Rhythm, and Musical Theater fun!

Annual Registration Fee

\$50/ student /year \$70/ family/year Registration fees are non-refundable. There is a 2-month minimum for all classes.

Monthly Tuition

45 min-1 hour class /week = \$60/month 2 (45m-1hr) classes / week = \$90/month (save \$30/mo)

Level 1a: \$85/month for 1.5 hours/week, add MT \$20 Level 1b: \$125/month for 3.5 hours/week, add MT \$30 Level 2a: \$160/month for 4 hours/week, add MT \$30 All other levels and Electives, please see our tuition sheet.

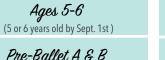
Tuition is due by the 1st of the month

Performances

Dancers in our Ballet Program have the opportunity to perform in our Spring Ballet Performances based on skill. Pre-professional Program dancers also dance in a Fall Performance or the Nutcracker.

In-class showcases and class demonstrations for both ballet and jazz/theater classes are also scheduled throughout the year.





Mondays 4:30-5:30 (Pre-Ballet A - 5 yrs/K)

Wednesdays 4:30-5:30 (Pre-Ballet B - 6 yrs/1st)

Wednesdays 5:30-6:00 (Jazz/Tap - 6-7 yrs)

Bridging the gap between pure creative

movement and the primary division,

Pre-Ballet gives students (ages 5-7) an

opportunity to explore basic ballet training

and expressive, artistic movement. Monthly

objectives and dance concepts are practiced

in class and often demonstrated for parents.

Students start with 'A' at age 5 and 'B' at age

6 so that dancers benefit from a progressive

syllabus. Pre-Ballet is fun and beneficial for

both boys and girls, bodies and brains!

Musical Theater Jazz/Tap & Acting

Wednesdays 3:30-4:20 pm ages 3.5-5.5

This class will develop rhythm, tap technique,

jazz technique, and acting/expression skills.

Elementary Musical Theater will have skits and

learn parts of famous musicals! In-class

shows will be held throughout the year.

Wednesdays 5:30-7:00 pm ages 7-14

Mondays (possible class) 3:20-4:20 (Pre-Ballet A/B - 5 & 6 yrs)

Open Class for ages 9-12